



club Life

July 2018

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Delhi Gymkhana Club, 2, Safdarjung Road, New Delhi 110011

A monthly in-house newsletter for private circulation only

FROM THE PRESIDENT'S DESK



Dear Members,

Members of all hues, despite the heat and humidity of the past month, have continued to visit the Club in large numbers, usually not seen before. All of the sports facilities are well subscribed and the two swimming pools full. The pressure is indeed felt in the changing rooms these days and they are at times crowded. Entertainment and cuisine has been really appreciated culminating last weekend, when members chose to see both the interesting Wimbledon Semis and Finals as also the finals of the World Cup

Football. An interesting and well fought game was accompanied by especially typical football game fare-carefully planned.

Almost all members have given a positive feedback that they are very happy in their use of the Club. Most also generally do not worry about the hectic backroom activity that helps to serve them. But there is that percentage of members who closely watch over the Club running and administration and it is to them I turn to. Since the last month there has been plenty of activity in this area and we held back this issue so that it could be put out to all members since it directly concerns them.

To begin, the Club Management is in the process of negotiation of the wage agreement with our staff. This will entail an increase of outlay on wages and salaries. Even today our subscription does not even match the wage outgo- this situation is likely to worsen. The Club has been living off the family silver that will cause a financial crunch after the next few years-

and later General Committees will be put to difficulty. We have to thus understand that certain enhancements in subscriptions and fees- already much lower; indeed, it is a fraction of other Clubs; is inevitable.

The Annual General Body Meeting of the Club will be held on the **22nd September 2018**. As I had indicated in the last issue, we also wish to have an Extra Ordinary General Body Meeting possibly in late August to bring in a few modifications in our Articles of Association (AOA) - these to raise the cap in memberships; to address the issues raised in the preceding paragraph; and to reduce the discretion of the General Committee in bringing about changes in membership issues, even if by a bit.

As now mandated by the Company Law, the facility of voting on its General Body Meeting Resolutions electronically has to be made available. It is therefore, necessary for me to remind members to please ensure their records and

email addresses are completely updated so that they have their say in these vital matters coming at these two meetings. At the moment the data held by M/s. Karvy from last year’s AGM is incomplete. I repeat my request to members to complete this process as soon as the Club or Ms Karvy contacts them.

There are other issues relating to a complete audit of the various departments and projects of the Club that were discussed in detail in the General Committee meeting of the 16th July, 2018. An audit of the Club’s membership by M/s Deloitte was ordered by the previous General Committee and their report has been under examination by the General Committee. The report has revealed large gaps in the information relating to many members which are now necessary to fill in. Those members whose data is incomplete or incorrect will receive mails from the Club office to kindly complete and /or rectify these deficiencies immediately.

An oversight of the various projects completely by the Club was conducted by a Committee headed by Mr. Pradeep Bhide. That report has been viewed with utmost seriousness and so action upon it has commenced. We also need to ensure that the deficiencies in our systems of handling such works projects are eliminated and all future projects are handled without similar flaws.

We are also seriously making every attempt to remove the grievances of the overage children. In the General Committee, initial discussions on a four pronged process have been held and will be taken forward. However, we need to have the cooperation of all members, and principally, those who have been in litigation against the Club on these matters. We expect that these legal confrontations be quickly terminated to enable the Club to adopt an all-inclusive stance. It will be difficult to proceed with our plans, if there is litigation on the very matters that are under favourable consideration by the GC.

Wish my warmest regards and conveying our greetings, in advance, for the Independence Day.

Prashant Sukul
President

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Girls Night Out - 2 June 2018



Book Club Event - Calling sahmata by Harinder Sikka - 6 June 2018



Summer Classic Junior Squash Championship - 12-17 June 2018



9TH ANNUAL GYMKHANA SCRABBLE TOURNAMENT



Held on 8th July 2018, the annual championship saw a very enthusiastic response from members as well as dependents. This year's event was held at a new venue – the Centenary Bar – and the participants appreciated the quiet and comfortable playing environment.

This year's event was again conducted as an "open" tournament with all participants in the same group regardless of age or gender. As it happened, the winner was one of the youngest players in the field, Madhav Gopal Kamath, aged 8! The defending champion Rashmi Ahuja finished in second place, followed closely by Manjula Singh, Anjana Neira Dev and Lov Verma. Dhruv Kamath and Dinesh Jain won special awards for best under-18 and over-60 player outside the top 5.

Madhav, who's a class III student at Sanskriti School, scored 10 "bingos" on his way to winning 4 out of his 5 games and taking home the title. A "bingo" is a 50-point bonus for using all 7 tiles, and 33 bingos were played during the day, including "Quivered",

"Bungees", "Solvent" and "Loggiest".

This year's tournament followed international scrabble rules, where each game was played by two players (not 4) with a strict 50-minutes-per-game time limit. Each participant played 5 rounds from morning till late afternoon, and it was fun enough that some players were wishing they could have played a bit longer!

With special thanks to Anjana Neira Dev, Akshay Hiremath and Sudhir Kamath for conducting the event – DGC Library committee.



Book Club Event - Anita Gets Bail - Arun Shourie - 15 June 2018



DGC Annual Quiz 2018 conducted by Original Quiz Master Ambassador Deepak Vohra - 07 July 2018





THE DATE THAT MOUNTBATTEN DID NOT KEEP



Admiral of the Fleet, Earl Mountbatten of Burma, former Supreme Commander of Allied Forces in South East Asia and the last Viceroy and First Governor General of India, was known for punctilious adherence to his commitments of date and time schedules.

His penchant for adhering to committed dates is best illustrated

by the Government of India calendar he got printed as Viceroy, which along with the date also showed the number of days left for the transfer of power to India on 15 August 1947.

This story is however about one commitment that he could not fulfill in 1979. I was then on an attachment with the High Commission of India at London as the

Director of Tea Promotion for U.K., Ireland and the Scandinavian countries. In the summer of each of the three years of my tenure in London, I received a gracious invitation from the Lord Chamberlain inviting me, my wife and daughter to the Garden Party hosted by Her Majesty Queen Elizabeth – II on the sprawling lush green lawns of the Buckingham Palace.

It is a time honoured British tradition for the Monarchs to host three Garden parties every summer for the people from all walks of life who have made an impact in their field of activity. Invitees included Lord Lieutenants, Nominees of Societies, Associations, Government Departments, Defence Services, Churches and the Diplomatic Corps. Approximately 7000 to 8000 guests attend the garden party each year. Yeoman Warders in their typical dress parade in the grounds of Buckingham Palace.

The Palace gates are opened from 3:00 p.m. for the guests to start arriving. The party officially begins when the Queen and the Duke of Edinburgh, accompanied by other members of the Royal family, enter at 4:00 p.m.

After the National Anthem is played, the Queen and the Duke of Edinburgh and the members of the Royal Family circulate among the guests through 'lanes' on the beautifully manicured lawns, which are lined up on either side by guests of various nationalities. Each member of the Royal family enters a different 'lane' and briefly chats with the guests.



Family departing after garden Party on 10th July, 1979 – 1st from left : R. K. Puri; 3rd from left : Uma Puri (wife) and 5th from left : Shobha Joshi nee Puri (daughter)

My wife, daughter and I were standing in one of the lanes in the Garden party held on 10th July 1979 when I saw Lord Mountbatten entering our lane. He had a word or two or a pleasantry to exchange with guests at random. He stopped by us, had a brief chat with my daughter about her schooling in London, with my wife about her social activities and with me about my plans for tea promotion in U.K. and other European countries.

On learning about my office being located at the interjection of the Oxford and Bond Streets and managing the popular *'India Tea Centre'*, he immediately recalled that his *'good friend'*, Mrs. Vijaya Laxmi Pandit, then Indian High Commissioner to U.K., had inaugurated the Tea Centre in the 50's and had invited him to its opening but regretfully he could not attend it then.

Sensing an opportunity to create high visibility for launching some very high quality teas grown in the upper reaches of Darjeeling and Assam Hills, which we had then received from India, I promptly suggested that he could still fulfill his commitment to his *'good'* friend, Mrs. Pandit, by visiting the India Tea Centre to launch a special caddy of Indian Tea to be named as the *"Mountbatten Caddy"*. He was visibly pleased at the idea and turning to the Aide trailing him gave instructions to co-ordinate with me for setting up a mutually convenient date and time for him to visit the India Tea Centre to launch the *"Mountbatten Caddy"*.

The Aide called me some three days later to ask if a date in the middle of the second week of September 1979 would be suitable for us to invite Lord Mountbatten to the Centre to launch the new caddy. I consulted the then Indian High Commissioner, Shri N. G. Goray, a veteran Jan Sangh leader, who readily agreed to attend the event and receive Lord Mountbatten. I then confirmed the date to the Aide.

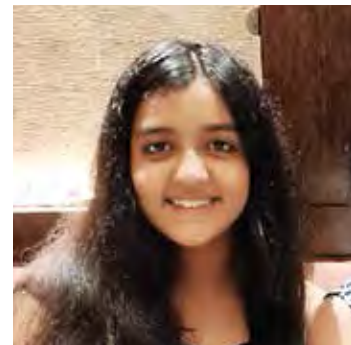
Destiny alas had other plans for Lord Mountbatten. He was assassinated by a bomb hidden aboard his fishing boat in Mullaghmore County Sligo in Ireland on August 27, 1979. The opportunity of welcoming him at the India Tea Centre was lost forever. Instead, we closed the Centre in tribute to his memory on the

day of his funeral procession to West Minister Abbey.

Mountbatten's deep attachment to India and its leaders is also demonstrated by the fact that he attended the funerals of Mahatma Gandhi in 1948, Pandit Nehru in 1964 and Lal Bahadur Shastri in 1966. The then Prime Minister Morarji Desai reciprocated by sending a high level team of mourners from India, led by then Vice President of India, Shri B. D. Jatti and included : Smt. Vijay Laxmi Pandit; Naval Chief Admiral Katari and three Officers of General rank drawn from the Army, Navy and Air Force who were assigned to carry Mountbatten's Star of India and other Indian Decorations in his funeral procession in deference to his wishes laid down in his own funeral plan much in advance.

R K PURI (P-1228)

IF YOU CAN'T REUSE IT - REFUSE IT !!



Mehek Anand, 13 years (U-2125)

The time is ticking, the seconds rushing by. .
Action needs to be taken, before the situation intensifies

The world is drowning in plastic and
Earth's muffled cries for help we are unable to hear
We are blind to the damage we cause
So let us stop for a minute, just pause
And rewind the mess we made
Say no to plastic bags and carry your own
We need you -- we can't do it alone !!

Jaane woh kaise log the - Guru Dutt Evening - 23 June 2018



Golden Moments - 30 June 2018





SPORTSMANSHIP TO GAMESMANSHIP TO ONE-UP-MANSHIP!

I write this after spending many hours of this year watching the AI (active intelligence) at work on DGC's card tables. I have been absorbing all the intricacies and hope to re-join the circuit soon. Old age hits us all, so from our luscious, envy worthy grass tennis courts I have shifted indoors and, believe me, there is more action in our card rooms than in tennis, squash, swimming, badminton and billiards/snooker put together.

A marked change in the sports world has been that gamesmanship is more marked than sportsmanship. Well, from soccer grounds the malady shifted to the gentlemanly game on cricket pitches and on to tennis and badminton courts too. A year ago in Bangalore Virat Kohli and his Australian counterpart Smith went overboard over DRS. The electronic media added further lustre to the show – players' reactions, facial grimaces and body language, when they got pumped up as witnessed in the Test series. Ten years ago in Perth it was a generous gesture and wise counsel on Kumble's part not to pursue with Brad Hogg. So, it would be far better if Captain, Manager, Coach and the 'performing' artists show

tolerance, while reflecting on Winston Churchill's words : In war, resolution; in defeat, defiance; in victory magnanimity; in peace, goodwill.

To get back to the air-conditioned comfort around our card tables, especially bridge with two pairs pitted against each other. The ageing of society has been one of the givens in today's world. Numbers of very old people are growing by the day and a bridge game for DGC stalwarts (many octogenarians and three nonagenarians) is a matter of home away from home. There is fierce competition to win and, there is scope to discuss, debate, argue on several matters to a degree that Sir Winston's words cannot apply. Patience, concern, conciliation, a quiet honourable retreat are of the essence. And in our Club all that and more are displayed, thank heavens. Basically it is a matter of familiarity breeding 'argumentative Indianness' but for our Members, lasting friendships are the order of the day and they prevail with losses/gains being squared off in great good will.

**Commodore Mukund Kunte (M-0006),
AVSM, PMMS, I.N. (Retd)**

Theatre Workshop for Children Conducted by Barry John Acting Studio - 21 May - 15 June 2018



AN INDIAN SUMMER



Rupa Anand (P-7385S)

Summer arrives with
precision and a high
centigrade of fanfare.

The heat scorches,
hot winds sizzle,
and 'loo' blows through.

Mangoes sweeten,
koels sing,
the *amaltas* blooms.

Verandahs protect,
desert coolers spin,
and grass grows.

Voiles and muslin whisper,
beads of sweat glisten
on shining countenances.

Water pools appear and vanish
glinting and inviting - like
mother-of-pearl on silver.

Grandmothers make
roohafza and *khus* sherbets
with '*lassi*' to quench our
thirst.

Lemon-rice, gourds,
and water melon,
karela and *lauki* appease.

The young guzzle coke, sorbet
choc-bars, and chilled beer
in mindless abandon.

The coolness of liquid
pacifies the fire in our
bellies, bodies and mind.

Water filled '*gharas*' and
'*matkas*'
dot city roads, the *peepul*
and *banyan* protect.

Memories of -
rooftop '*charpoys*'
and mosquito nets haunt.

Now superseded by
cackling gen-sets, air-cons
and electricity breaks.

Grandchildren arrive
with homework and headache,
summer camps and swimming.

Slow, languorous, restive.
Summer afternoon naps and
moonlit night walks.

Yes, magic lingers in the
fragrance of the *champa* and
in the colors of the *sada-
bahar*.

Ah - to be in Delhi
in Summer -
unforgettable and nostalgic.

© Please offer shade & water to
animals, birds and all beings this
summer...

ABOUT BE A MAN



Be A Man is a social initiative aimed at increasing access to the public realm for young girls. We seek to target gender stereotypes from both sides of the spectrum and therefore, we believe in the inclusion of boys in this fight for gender equality.

The term Be A Man is in itself an allusion to the idea of what it means to be a man in today's society and essentially what being 'manly' signifies.

This campaign will sport a series of workshops, conferences and film screenings for children aged 8-18.

Our first fundraiser - 'First Act' - was a ten day long theatre workshop for children aged 10-14 from schools across Delhi. 'First Act' was conducted in association with Actor Factor, a theatre company based out of Delhi. The workshop was conducted in collaboration with the Delhi Gymkhana Club, New Delhi from the 4th - 15th of June. During the course of the workshop, we explored the world of theatre via various media including paintings, visits to museums, screening documentaries and adventure walks. The workshop addressed and tackled common social issues like gender discrimination, alcoholism, bullying, class differences among others. Through the course of these ten days we had detailed discussions on the aforementioned ideas - exploring how they affect us in subtle ways in our everyday lives.

All proceeds from this campaign are directed towards the empowerment of girls coming from low income families, in the rural areas of Himachal Pradesh (Village Bakhrot, Tehsil Karsog, District Mandi) partnering with the local government by conducting information sessions on reproduction, sexual health and menstruation, and providing them with basic hygiene products such as sanitary napkins and undergarments, with the hope of eventually funding their high school education (the academic years in which they are usually withdrawn from schools).

Shagun Sethi (P-7209D1)



STAY HEALTHY AND COOL THIS SUMMER

Summer!! It is the season for magnificent mangoes, juicy melons, soothing coconut water. This is the time when happy family holidays are being planned. However, the soaring temperatures can take a toll on one's health. Bacteria and viruses multiply and cause food and water borne infections like gastroenteritis, jaundice, typhoid and cholera. The strong sun and hot winds may cause a heat stroke and dehydration. Fungal and yeast infections on the skin may occur due to profuse sweating.

The golden mantra – Eating smart will keep you slim, healthy and cool this summer.

A FEW HANDY TIPS :

- **Hydrate:** When humidity rises, sweat does not evaporate easily, so body heat is trapped – thus the danger of dehydration and heat stroke. **Keep your body well hydrated with clear fluids.** For every hour that you are in the sun, drink at least 1-2 glasses of fluids. Remember to carry your water bottle when you go out. Do not use polyethylene plastic bottles as the plastic can leach into the water. Prefer to use stainless steel or glass bottles. It is advisable to drink 10-12 glasses of fluids everyday.
- **Drinks to hydrate:** Sweet lime/lemon juice, mintade ,coconut water, thin butter milk, fresh homemade fruit and vegetable juice. Using tulsi and mint leaves in your drinks has a cooling effect. Fresh iced tea prepared at home is very refreshing, has very few calories and plenty of antioxidants.
- **Drinks to avoid:** Caffeinated, carbonated beverages, other sugary drinks, alcohol need to be reduced as they are acidic and diuretic and aggravate dehydration. In case you take

alcohol then keep sipping water in between your drinks. Many fizzy drinks have some amount of phosphoric acid which may irritate the lining of the stomach. Their excessive intake may also draw out calcium from the bones making them brittle.

- **A good breakfast:** Head out in the morning well hydrated and after having a nutritious breakfast otherwise your skin will sag and wrinkle in the summer sun, you may get dehydrated and even faint. A suitable breakfast option is a combination of complex carbs rich in fiber and high protein foods. For example – any whole grain along with eggs/tofu/sprouts followed by a bowl of fresh fruits.
- Your digestion may slow down in the heat so learn to **eat light, small but frequent.**

GOOD AND BAD SUMMER FOODS:

1) Good Choices :

- **Consume foods that are low fat,** cooling, light and nutritious. Look for fresh seasonal fruits and vegetables from a good source. A fruit salad containing berries and stone fruit like peaches, cherries, blackberries, apricots, carrots; grapefruit, cherry tomatoes, beetroot are not only abundant in flavonoids, carotenes and fiber but also have a cooling effect and keep your weight in check.
- **Freshly cut** water melon is a good hydrating food. It also has cancer fighting pigments (lycopenes) and just 40kcalories /cup. It even provides essential electrolytes lost in the sweat.
- **Mangoes** soaked overnight and then eaten are cooling and rich in vitamin A.
- **Greens** like the leaves of radish, drumsticks, spinach, spring onions and watery vegetables are abundant in essential micronutrients and antioxidants like manganese, zinc, iron, calcium and copper.
- Include 'raitas' and **cooled yoghurt.**
- There are several **low calorie protein options** which can be combined well with fruits and

vegetables – nuts, sprouts, seeds, soy, yoghurt, cottage cheese, grilled/steamed fish and chicken. Nutritionwithneera.com discuss in detail the benefits of the right food combinations.

2) Bad Choices:

- **Heavy fatty and fried food** - Avoid 'vadas', 'samosas', French fries, 'bhajjias', 'pakoras'. Fat has a thermal effect, takes a long time to digest and makes you more thirsty.
- **Sugary foods.**
- **Hot spicy and extremely salty food** -Use less salt in cooking.
- **Left over food**

Rules for eating out :

Avoid raw and cold foods – especially salads, cut fruit, chutneys, chaat, creamy cakes and pastries,

fruit juices, or ice creams. These may be tempting but very likely to cause stomach infections if not stored at the right cool temperature. In India, there are frequent power breakdowns and voltage fluctuations – these may cause the microbes to grow and multiply on food.

A few other suggestions :

- When buying ice creams check the expiry date and even bulges on the packaging which indicate that the ice cream has melted and refrozen.
- Wear sunscreen on all exposed areas of your body.
- Choose your clothes aptly – light coloured cottons which will keep you comfortable and cool.
- Avoid going out during noon – use an umbrella.

Ms Neeraj Dhingra (P-1983)

Senior Nutrition Consultant and Health Educator

Free Eye Screening Camp for the Staff of DGC by Padmashri Dr Vipin Buckshey in memory of his father - 2 July 2018

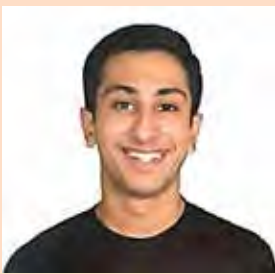


DGC thanks Dr. Vipin Buckshey and his team for treating over 200 staff.

ACHIEVEMENTS OF OUR MEMBERS



Distinguished Service: For her work to protect children and families, **Dr. Gitanjali Thadhani** (U-0362, daughter of Mr. & Mrs. R. K. Thadhani) recently received both individual and group honours from the New York City (NYC) Administration for Children’s Services (ACS). She received the Professional Excellence Award in recognition of exemplary leadership in her role as Director of the Mental Health Coordination Unit. In addition, she received a Commissioner’s Collaboration Award for extraordinary teamwork as a member of the agency’s Foster Care Task Force. Gita was educated at Welham Girls School and Jesus & Mary College. She holds Master’s degrees from Columbia and New York University -- as well as a Doctor of Social Welfare degree in Clinical Social Work. Congratulations!



Achievement by **Arrunava Moondra** S/o Gauri and Umang Moondra (P-6574) and grandson of late Cdre Inder Kumar Malhotra (I.N) and Saroj Malhotra (L-1874).

Arrunava appeared for his I.B. (International Baccalaureate Diploma) exam from United World College of South East Asia, Singapore in 2018. Arrunava secured 45/45 points on all the 6 subjects and 7 points from one extra subject, thus getting a perfect score of 52/52 points. He will be pursuing his further studies from Yale College, U.S.A.

बरसे पानी झर झर झर

उमड़-उमड़ कर घुमड़-घुमड़ कर छाथी घटाएँ नभ पर
काले-काले मेघ देखकर गाए पपीहा मधुर स्वर
नाच उठे फिर मोर-मोरनी पँख फैलाए फर फरर फरर
बूंद पड़ी फिर बूंद पड़ी छोटी-छोटी बड़ी-बड़ी
लगने लगी सावन की झड़ी बरसे पानी झर झर झर

पानी पाकर खेत हँसे किसान खुशी से इतराए
परती धरती की प्यास मिटे सौँधी-सौँधी महक उठे
नंग-धड़ंग बचपन भीगे गिर पड़े सने कीचर-कीचर
हरे-हरे पादप तरुवर भरे-भरे जोहड़ पोखर
नदिया ताल-तलैया तट पर दादुर गाए समवेत स्वर टर टरर टरर

ऋतु सावन की मनभावन लाए व्रत त्योहार अतिपावन
हर मन में भर जाए उमंगें फर फर फर लहराएँ पतंगें

इन्द्रधनुष की छटा निराली लो आ गई तीज हरियाली
वही सिंधारे कोथली वाली
पतासे, मठरी, गुझिया, घेवर ऊँची पीगें बड़े झूले पर
डाल पे रस्सी बोल रही चूँ चरर चरर

कुछ देर अगर जो पानी पड़े, शहरों में परेशानी बड़े
सड़कों पर ट्रैफिक जाम हो जाए, ठप्प सारा ही काम हो जाए
फोन मरे कुछ न बोले, हर हाथ खड़ा छतरी खोले
बिन बोले बिजली भागे, इनवर्टर फेल इसके आगे
खाना पड़े कैण्डल लाइट डिनर मुश्किल हो जाए गुजर-बसर
बरसे पानी झर झर झर झर झर झर

जोगिन्दर गोस्वामी “जोगिक”

BRIDGE RESULTS JUNE 2018

TEAM OF FOUR

- 1st Dr Rajiv Anand, Maj Gen A L Suri,
Mr Arun Kumar, Col R Vasudev
- 2nd Mr Kawaljit Singh, Mr L K Chopra, Mrs Sneh Thadani,
Mr M N Chopra, Mr Urmil Agarwal, Mrs Meera Bakshi
- 3rd Mrs Snehlata Singla, Mrs Sunita Singh, Mrs Sheena
Khorana, Mr Jasjit Singh, Mr Narjit Singh, Mr Sunil Kumar

PAIRS

NORTH-SOUTH

- 1st Mr Sanjiv Bery – Mr Rohit Gupta
- 2nd Ms Sheena Khorana – Mr Jasjit Singh
- 3rd Mr S K Sethi – Mr M V Nayar

EAST-WEST

- 1st Mr Sudhir Nayar – Mr Vijit Bery
- 2nd Mr Sidharth Behuria – Mr R S Gujral
- 3rd Dr Rajiv Anand – Ms Sneh Lata Singh

MONSOON



EDITORIAL



This July we have been submerged in an extravaganza of football and tennis. As the monsoon clouds gathered above us in their dark glory we have revelled in the triumphs and defeats of sportspersons that were far away from our country. Gigantic screens with high resolution telecasts have kept our late nights adrenalised in a way that only sport can do. We have watched not with the identity of a nation but with the expansive emotion of being part of a striving humanity, rejoicing in the emotion and skill of the game.

Along with the excitement of the World Cup and the Wimbledon came the unexpected victory of a teenager from Assam, Hima Das. She touched the hearts of everyone as she teared up when the National Anthem played in the stadium. Hima was a football player till a coach in Guwahati saw her play and said "Leave football and run, that's where your talent is".

How powerful are these moments that make it all worthwhile, the pain, the sacrifice and the endless toil.

Sport in its purest form, has always nurtured the best in us. Team spirit, believing that the best is yet to be, makes us go beyond ourselves. Leaders in politics and business have succeeded with the same values that sport encourages. Sport is after all a triumph of the spirit as much as of the flesh.

In this season of sport a friend presented me the book 'Leadership' written by Sir Alex Ferguson, the legendary manager of Manchester United along with Michael Moritz of Sequoia Capital. He writes about motivating players with positivity and not always with criticism. He writes about building a team, spotting talent and giving space to each star of the team to reach his best.

It's these principles that hold together when we forge success in our work and our lives.

Families are teams too and strengthening these bonds too need skills. Our legacies and our lives are remembered if we build a vision with disparate parts and not if we play on insecurities and divide people to be suspicious of each other. And a team created is so much more than a sum of its parts.

Another book to read in these times is Haruki Murakami's 'What I talk

about when I talk about running'. Murakami writes about how he started running and how for him it became a way of dealing with life, it's trials and tribulations.

He says 'Thus the seasons come and go and the years pass by. I'll age one more year....One by one I'll face the tasks before me and complete them as best as I can. Focusing on each stride forward, but at the same time taking a long range view, scanning the scenery as far ahead as I can. I am, after all, a long distance runner.'

And each of us who emerges as a long distance runner would have tried to live by the truth of these values, of the importance of putting one step after another and not giving up.

In July the monsoon arrives officially even as the rains are sporadic and the days humid. Indian literature and culture marks it as the season of love and rejoicing. Art celebrates the visual beauty of the monsoon just as the music is replete with songs of longing. Listen to renderings of Raag Malhar or the haunting love songs of Meghdoot. A favourite are the folk songs of the monsoon or the 'Kajri'. Enjoy the renderings by Channulal MIsra and Girija Devi... Barsan Lage Badariya Rum Jhum Ke... and soak in the 'saawan ritu'.

Mrs Neelam Kapur
IIS



On passing on of those cherished DGC Members who departed from the shores of life, the Club Fraternity solemnly pays its respects and condolences



Mr B S Sekhon (E-0022)



Mr Arvind Verma (G-1778)



Mrs Kanwal Lamba (L-0304)



Mrs Surjit Jaiswal (L-1223)



Mrs Daya Wati Gupta (L-1274)



Mrs Promilla Ahooja (L-1397)



Mrs Kamal Jain (L-1437)



Mr Brij Mohan Chatrath (P -1646)



Mr K Khullar (P-0490)



Mr Man Mohan Singh (P-0538)



Col D R Nanda (P-0613)



Mr P K Thadhani (P-0850)



Lt Col V K Sahni (P-1252)



Mr Mohan Wadera (P-1400)



Mr S N Roy (P-1600)



Mr Anil Kumar Chandra (P-1633)



Dr Ram K Vepa (P-1958)



Air Mshl J S Sandhawalia (P-2102)



Brig G D Sharma (P-2209)



Cdr A L Sahni (P-2762)



Mr Narendra Khanna (P-3128)



Mr Hargobind Prasad Bhatnagar (P-3217)



Mr Manmohan BUCKSHEE (P-4894)



Mr S L Wadhvani (P-5108)



Maj Gen R K Malhotra (P-6068)



Mrs Priya Saighal (U-1840)



Mr Niranjana Alva (P-1514)



Gp Capt A S Mann (P-4617)



Mr Narendra Pal Singh, IAS (P-4960)

FORTHCOMING EVENTS

FRIDAY 27 JULY 2018

BOOK CLUB EVENT

'The Spy Chronicles: RAW, ISI and the illusion of Peace' by A S Dulat

at 5:30 pm in Centenary Bar (Tea at 6:30 pm)



FRIDAY 3 AUGUST 2018

BOOK CLUB EVENT

'Second Coming' by Shubha Menon

at 5:30 pm in Centenary Bar (Tea at 6:30 pm)



FRIDAY 17 AUGUST 2018

BOOK CLUB EVENT

'Adi Shankaracharya: Hinduism's Greatest Thinker' by Pavan Verma

at 5:30 pm in Centenary Bar (Tea at 6:30 pm)



FRIDAY 31 AUGUST 2018

BOOK CLUB EVENT

'The Unending Game: A Former R&AW Chief's Insights into Espionage' by Vikram Sood

at 5:30 pm in Centenary Bar (Tea at 6:30 pm)



FRIDAY 7 SEPTEMBER 2018

BOOK CLUB EVENT

'Pakistan: At the helm' by Tilak Devasher

at 5:30 pm in Centenary Bar (Tea at 6:30 pm)

Delhi Gymkhana Club Ltd

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